

CAPABILITY STATEMENT



www.karensenteio.com

COMPANY OVERVIEW

Since February 2006, Karen Senteio Consulting offers executive coaching, leadership and team training and group facilitation. She works in corporate, government, academic and non-profit industries offering remote and in person training across the country. She partners with leaders and organizations to activate their internal compass so that they access inspiration and courage as a daily practice to create high-performing organizations where all employees can do their BEST work and are retained.

Core Competencies

- Executive Coaching: customized leadership coaching program
- Leadership Coaching and Training: leadership style/influence, diversity, equity and inclusion, strategic planning, project management, leadership effectiveness, organizational effectiveness
- Team Training: mastermind groups, communication, conflict management

COMPANY DATA

DUNS Number: 786506621

CAGE Code: 7UP43

NAICS Codes

- 611430 – Professional and Management Development Services
- 541612 – Human Resources Consulting services
- 611710 – Educational Support Services
- 624190 – Other Individual and Family Services
- 813319 – Other Social Advocacy Organizations
- 813410 – Civic and Social Organizations

SAM Registration: Active

Socio-Economic Designation: Woman-Owned Small Business (WOSB)

Business Size: Small Business

State Business Type: Small or Minority Business Enterprise (S/MBE)

Payment: Bank Transfer, Credit Cards and Purchase Cards

PAST EXPERIENCE

UConn Geno Auriemma Leadership Series (2021): Provided three skill building workshops to support the annual leadership series. The workshops: LEADING WITH VALUES, LEARNING TO RISE – The Ability to Reset and Transform and BRAVE NETWORKING – Real Talk, Real Connection, BOLD Results.

UConn MBA Program (2020 & 2021): Facilitated two leadership workshops for the UConn MBA program, Dare to Lead and Belonging; building leadership courage, resilience, and vulnerability as core competencies for leaders.

Hartford Public Library (2019-2020): Facilitated a Dare to Lead™ leadership training program and executive coaching for the senior leadership team.

CT Department of Public Health (2018-2019): Provided leadership coaching, team building, conflict-management, leadership style and communication. Facilitated an ongoing leadership series, coaching and team development workshops.

Rhode Island Department of Public Health (2019): Leadership Style and Communication. Understanding and effectively utilizing leadership style in a leadership practice; the right style, timing, and delivery for the situation.

DIFFERENTIATORS

- Extensive corporate and non-profit leadership experience
- Certified Daring Way™ Facilitator
- Certified Higher Ground Leadership Pathfinder®
- Certified Social and Emotional Intelligence (ISEI)
- Certified Business and Life Coach (ICF)
- Previously Certified Project Manager Professional (PMP)
- Certified Change Management Practitioner (Prosci)
- Leadership and Team Training
- Conflict Management – Straight Talk™ Program

